



Orleans Primary School

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Dress to Express Day, Friday 11th February - Orleans Primary School

Sent By: Mrs Sally Bliss

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Dear Parents and Carers

On Friday 11th February Orleans Primary School will be taking part of Place2Be's Children's Mental Health Week and are fundraising to support the mental health of children and young people throughout the UK - a cause we feel is not more important than ever.

Children's Mental Health Week is taking place from 7 - 13 February 2022 and is an opportunity to shine a spotlight on and raise awareness for children and young people's mental health. Place2Be believe every child should have easy access to mental health support whenever they need it. They create safe spaces in schools where students can open up without pressure, arming them with emotional skills to help deal with everything life throws at them. As a charity, Place2Be rely heavily on the generosity and support of the community to continue their essential work in the future and to reach children before it's too late.

"Dress to Express"

As a school community, we will be encouraging all students and staff to use clothing and colour to express themselves on **Friday 11th February**. We also kindly ask that all children who take part make a suggested £2 donation to Place2Be via your ParentPay account.

Your child/children's Dress to Express outfit can be as simple or elaborate as they like! Dress To Express is an opportunity for self-expression and celebrating a diverse range of emotions. We welcome as much expression as possible but please make sure your child's outfit does not impede their learning. The day also provides a great opportunity to be open about mental health and start conversations within our school community.

We're delighted to be hosting a Dress To Express Day during Children's Mental Health Week and raising much-needed funds for Place2Be. If you have any queries, please get in touch with the School Office.

Kindest regards

The School Office

