

2020-
2021

PE Curriculum Map

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Using the nursery garden	Introduction to PE (Unit 1)	Following instructions - (Fundamentals Unit 1)	Following instructions (Introduction to PE Unit 2)	Following instructions (Fundamentals Unit 2)	Throwing and catching skills
	Toileting/Washing hands/Eating and drinking daily					
Reception	Dance (various styles) – Unit 1	Ball Skills	Gymnastics (bars)	Games Unit 1	Athletics	Sports Day
	Gross motor skills development					
Year 1	Games Unit 1-Ball Skills	Games Unit 2- Throwing and Catching (Fundamentals)	Games Unit 3- Net and Wall	Games Unit 4- Team Building/Partner work	Athletics Unit 1- Running, throwing and jumping	Athletics Unit 2- Repeat and Link combinations of actions.
	Dance- lost toy and pirates	Gymnastics unit 1	Dance- Animals	Gymnastics Unit 2	Dance- Bear Hunt	Gymnastics Unit 3
Year 2	Basketball (throwing and catching skills)	Football	Netball & Handball (Invasion)	Fitness	Cricket (Striking and Fielding)	Athletics
	Gymnastics (Rolls)	Gymnastics	Dance	Dance	Gymnastics	Dance

Year 3	Swimming & Ball Skills	Swimming & Football	Swimming & Basketball	Athletics & Dance (Machines/Seasons/Romans/Forces)	Athletics & Gymnastics (Rolls and Balances) & Dance (Machines/Seasons/Romans/Forces)	Gymnastics (Rolls and Balances) & Cricket
	Ball Skills & Gymnastics (Rolls and Balances)	Football & Gymnastics (Rolls and Balances) & Dance (Machines/Seasons/Romans/Forces)	Basketball & Dance (Machines/Seasons/Romans/Forces)	Swimming & Athletics	Swimming & Athletics	Swimming & Cricket
Year 4	OAA	Basketball	Rounders	Athletics	Athletics	Athletics
	Dance (Animals)	Gymnastics-Apparatus	Yoga	Gymnastics (Balances)	Dance (Extreme Earth)	Badminton
Year 5	Hockey	Netball	Tag Rugby	Tennis	OAA	Cricket
	Gymnastics-Apparatus	Dance (Rock and Roll)	Gymnastics- Counter balances	Dance (contemporary)	Athletics	Dance (90's dance)
Year 6	OAA	Hockey	Tag Rugby	Volleyball	Athletics	Rounders
	Athletics	Gymnastics (Counter tension)	Gymnastics (Floor)	Fitness	Dance (contemporary/telling a story)	Dance (contemporary/telling a story)